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What Is Claimed Is:

1. A ball grid array (BGA) package, comprising:

a stiffener/heat spreader;

a substrate that has a first surface and a second surface, wherein said substrate has a central window-shaped aperture that extends through said substrate from said first substrate surface to said second substrate surface, wherein said first substrate surface is attached to a surface of said stiffener/heat spreader, wherein a portion of said stiffener/heat spreader is accessible through said central window-shaped aperture;

an IC die that has a first surface and a second surface, wherein said first IC die surface is mounted to said accessible portion of said stiffener/heat spreader; and

a drop-in heat spreader that has a surface that is mounted to said second IC die surface.

- 2. The package of claim 1, further comprising: a plurality of solder balls attached to said second substrate surface.
- 3. The package of claim 1, wherein said drop-in heat spreader is configured to dissipate heat generated by said IC die.
- 4. The package of claim 1, wherein said second IC die surface includes a contact pad, further comprising:

a wire bond that couples said contact pad to said drop-in heat spreader.

5. The package of claim 4, wherein a second surface of said drop-in heat spreader is configured to be attached to a printed circuit board.

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- 6. The package of claim 5, wherein said contact pad is a ground contact pad, wherein said drop-in heat spreader operates as a ground plane.
- 7. The package of claim 4, wherein said first surface of said drop-in heat spreader is planar, wherein said drop-in heat spreader has a second planar surface, wherein said first and said second planar surfaces are substantially parallel to each other, wherein said drop-in heat spreader has a ridge around at least a portion of its circumference such that an area of said first planar surface is greater than that of said second planar surface.
- 8. The package of claim 7, wherein said wire bond attaches to said ridge of said drop-in heat spreader.
- 9. The package of claim 1, wherein said stiffener/heat spreader includes a central cavity in said stiffener/heat spreader surface, wherein said central cavity forms at least a portion of said accessible portion of said stiffener/heat spreader, wherein said IC die is mounted to said stiffener/heat spreader in said central cavity.
- 10. The package of claim 1, wherein said stiffener/heat spreader surface is substantially planar, wherein said accessible portion of said stiffener/heat spreader is centrally located on said stiffener/heat spreader surface.
- 11. The package of claim 1, wherein said IC die is mounted to said stiffener/heat spreader with a first epoxy, and wherein said drop-in heat spreader is mounted to said IC die with a second epoxy.
- 12. The package of claim 1, wherein an area of said second IC die surface is greater than an area of a surface of said drop-in heat spreader, wherein

said drop-in heat spreader is configured to mount to the center of said second IC die surface.

- The package of claim 1, wherein said IC die and said drop-in heat 13. spreader are encapsulated.
- The package of claim 1, wherein said IC die and a portion of said 14. drop-in heat spreader are encapsulated, wherein a second surface of said drop-in heat spreader is exposed.
- The package of claim 14, wherein said drop-in heat spreader 15. includes a circumferential surface between said first and said second drop-in heat spreader surfaces, wherein said circumferential surface is at least partially exposed.
 - The package of claim 1, wherein said substrate is a tape substrate. 16.
- The package of claim 1, wherein said stiffener/heat spreader and 17. said drop-in heat spreader have the same thermal expansion coefficient.
- A method of assembling a ball grid array (BGA) package, comprising the steps of:

providing a substrate that has a first surface and a second surface, wherein the substrate has a central window-shaped aperture that extends through the substrate from the first substrate surface to the second substrate surface;

providing a stiffener/heat spreader;

attaching a surface of the stiffener/heat spreader to the first substrate surface, wherein a portion of the stiffener/heat spreader is accessible through the central window-shaped aperture;

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mounting a surface of a drop-in heat spreader to a second surface of the IC die.

19. The method of claim 18, further comprising the step of: attaching a plurality of solder balls to the second substrate surface.

20. The method of claim 18, wherein the second IC die surface includes a contact pad, further comprising the step of:

coupling the contact pad to the drop-in heat spreader with a wire bond.

21. The method of claim 20, further comprising the step of: configuring a second surface of the drop-in heat spreader to be attached to a printed circuit board.

22. The method of claim 21, wherein the contact pad is a ground contact pad, further comprising the step of:

coupling the ground contact pad to the drop-in heat spreader with the wire bond, wherein the drop-in heat spreader operates as a ground plane.

23. The method of claim 20, wherein said drop-in heat spreader mounting step comprises the step of:

providing a drop-in heat spreader that has a first planar surface, wherein the drop-in heat spreader has a second planar surface, wherein the first and the second planar surfaces are substantially parallel to each other, wherein the drop-in heat spreader has a ridge around at least a portion of its circumference such that an area of the first planar surface is greater than that of the second planar surface.

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24. The method of claim 23, wherein said contact pad coupling step comprises the step of:

attaching the wire bond to the ridge of the drop-in heat spreader.

25. The method of claim 18, wherein said stiffener/heat spreader providing step comprises the step of:

forming a central cavity in the stiffener/heat spreader surface, wherein the central cavity forms at least a portion of the accessible portion of the stiffener/heat spreader.

26. The method of claim 25 wherein said IC die first surface mounting step comprises the step of:

mounting the IC die in the central cavity.

27. The method of claim 18, wherein said drop-in heat spreader mounting step comprises the step of:

providing a drop-in heat spreader that is substantially planar, wherein the accessible portion of the stiffener/heat spreader is centrally located on the substantially planar stiffener/heat spreader surface.

28. The method of claim 18; wherein said IC die first surface mounting step comprises the step of:

mounting the IC die first surface to the stiffener/heat spreader with a first epoxy, wherein the drop-in heat spreader is mounted to the IC die with a second epoxy.

29. The method of claim 18, wherein an area of the second IC die surface is greater than an area of a surface of the drop-in heat spreader, further comprising the step of:

configuring the drop-in heat spreader to mount to the center of the second

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- 30. The method of claim 18, further comprising the step of: encapsulating the IC die and the drop-in heat spreader.
- 31. The method of claim 30, wherein said encapsulating step comprises the step of:

exposing a surface of the drop-in heat spreader.

32. The method of claim 31, wherein said exposing step comprises the step of:

exposing at least a portion of a circumferential surface of the drop-in heat spreader.

33. The method of claim 18, wherein the substrate is a tape substrate, wherein said substrate providing step comprises the step of:

providing the tape substrate.

34. The method of claim 18, further comprising the step of: matching a thermal expansion coefficient of the stiffener/heat spreader to the thermal expansion coefficient of the drop-in heat spreader.

35. A system for assembling a ball grid array (BGA) package, comprising:

means for providing a substrate that has a first surface and a second surface, wherein the substrate has a central window-shaped aperture that extends through the substrate from the first substrate surface to the second substrate surface;

means for providing a stiffener/heat spreader;
means for attaching a surface of the stiffener/heat spreader to the first

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substrate surface, wherein a portion of the stiffener/heat spreader is accessible through the central window-shaped aperture;

means for mounting a first surface of an IC die to the accessible portion of the stiffener/heat spreader; and

means for mounting a surface of a drop-in heat spreader to a second surface of the IC die.

36. The system of claim 35, wherein the substrate is a tape substrate, wherein said substrate providing means comprises:

means for providing the tape substrate.